



The Alresford Surgery

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ALRESFORD
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Website: www.alresfordsurgery.co.uk

Newsletter – February 2019

Admin email address

Please can we remind patients not to use the admin email address for non-urgent, medical matters.

We've had a few emails asking if patients can have urgent appointments or prescriptions for things via this means, which is obviously not the correct way to use it - and could lead to things being missed/not being dealt with in a timely fashion.

Travel abroad

If you are travelling abroad and think you may need advice and vaccinations from us you must complete a questionnaire (available from reception or from our website) and make an appointment with a nurse.

Please be aware that if you provide us with less than 6 weeks' notice before travelling we have to refer you on to the Winchester Travel Clinic as our Nurses may not be able to accommodate your requirements.

Carer Support Clinics

Are you a carer?

A carer is someone of any age who provides unpaid support to family or friends who could not manage without this help. This could be caring for a relative, partner or friend who is ill, frail, disabled or has mental health or substance misuse problems.

If you care for someone then The Princess Royal Trust for Carers can support you in your caring role, with information, advice or just a listening ear.

You will also have access to the other services provided by the Trust.

Monthly Support Clinics are on offer at our Surgery on the 2nd Wednesday or every month 1-5pm.

Appointments are one to one basis for up to 50 minutes these are bookable appointments and can be booked through the reception at our GP surgery.

For more information about The Princess Royal Trust for Carers contact them on 01264 835246 or visit <https://carers.org/partner/princess-royal-trust-carers-hampshire>